

# 2016 Preventive Drug List

## *A Key to Lowering Health Care Costs*



This is not meant to be a complete list of the drugs covered under your plan. Not all dosage forms of the drugs listed below are covered. Under some circumstances, formulary drugs may be excluded from your plan (for example, oral contraceptives and growth hormone). We periodically review our preventive drug list. This is the most current list at the time of printing and is subject to change. Some medications may have clinical edits that apply to them. These edits would include, but are not limited to, prior authorization, step therapy, quantity limits, mail order limitation, and specialty copays. Please consult with your prescription drug plan customer service representative for any questions about your coverage or for more information.

More employers are helping their employees get important preventive care. Employers do this with medical benefits that cover preventive care outside the plan's deductible.

Preventive drugs can be an important part of keeping you healthy. Federal law allows people in High-Deductible Health Plans (HDHP) to receive coverage without a deductible for prescription drugs and vitamins that are "preventive."

Research shows that people who get regular preventive care may need to use less care in the future. Other studies show that people who take their medicine as ordered use less hospital and emergency care.

Regular preventive care can also give you better knowledge of your personal health. This way you can identify and treat conditions before they get worse. Untreated conditions can be more costly and harder to control.

Coventry Health Care is taking preventive care a step further. We help members take prescription drugs that help prevent ongoing and serious illness. We cover preventive drugs on Health Savings Account (HSA) options. This lowers your costs for prescription drugs. They are not subject to your HSA deductible.

## What Are Preventive Prescription Drugs?

Prescription drugs that help keep you from getting a health condition are called "preventive prescription drugs." They can help you be healthier and avoid more expensive treatment. This may help to reduce health care costs.

A drug may be preventive if it's prescribed to:

- Prevent a disease in someone who has risk factors for that disease but is still disease-free
- Prevent the return of a disease from which someone has recovered

Coventry Health Care's preventive drug list includes drugs intended to lower risk factors and prevent disease. These include cholesterol-lowering drugs and blood pressure-lowering drugs. These drugs reduce risks for heart attack or stroke. Also included are osteoporosis drugs, vitamins and anti-diabetic agents.

In the preventive drug list, generic drugs are listed by their generic name and are listed in lower-case letters. You will pay the lowest copay (Tier 1) when you buy formulary generic drugs.

**For example: Generic name: quinapril**

Formulary brand-name drugs are listed alphabetically by brand name. The names of brand-name drugs are capitalized on the list. You will pay a higher copay (Tier 2) for formulary brand drugs.

**For example: Brand name with no generic available: Asmanex**

# Tier 1 and Tier 2: Generic and Brand-name Formulary Drugs

Tier 1 (\$) preferred generic drugs are listed in lower-case type.

Tier 2 (\$\$) brand-name drugs are listed with the first letter capitalized.

## Anticonvulsants

carbamazepine  
carbamazepine er  
carbamazepine xr  
Carbatrol  
Celontin  
clonazepam tablets  
Diastat Kit  
diazepam rectal gel  
Dilantin capsule & suspension  
divalproex sodium  
divalproex sodium er  
epitol  
ethosuximide  
felbamate  
gabapentin  
lamotrigine  
levetiracetam  
Lyrica  
oxcarbazepine  
Phenytek  
phenytoin  
phenytoin sodium extended  
primidone  
Tegretol XR  
Tegretol  
tiagabine  
topiragen  
topiramate  
valproic acid  
zonisamide

## Cardiovascular Blood Thinning

anagrelide hcl  
aspirin-dipyridamole er caps  
Brilinta  
cilostazol  
clopidogrel  
Coumadin  
dipyridamole  
enoxaparin sodium %  
heparin sodium  
jantoven  
ticlodipine hcl  
warfarin sodium  
Xarelto

## Cardiovascular Blood Pressure

acebutolol hcl  
afeditab cr  
Aldactazide 50/50  
amiloride-hydrochlorothiazide  
amlodipine besylate  
atenolol  
atenolol-chlorthalidone  
benazapril-hydrochlorothiazide  
benazepril hcl  
betaxolol hcl  
bisoprolol fumarate  
bisoprolol-hydrochlorothiazide  
bumetanide tablets  
candesartan  
candesartan-hydrochlorothiazide  
captopril

captopril-hydrochlorothiazide  
cartia xt  
carvedilol  
chlorothiazide  
chlorthalidone  
clonidine hcl patch  
clonidine hcl tablets  
diilt-cd  
diilt-xr  
diltiazem cd  
diltiazem hcl  
diltiazem hcl er  
diltzac er cap  
Diuril suspension  
doxazodin mesylate  
enalapril maleate  
enalapril-hydrochlorothiazide  
eprosartan mesylate  
felodipine er  
fosinopril sodium  
fosinopril-hydrochlorothiazide  
furosemide  
guanfacine hcl  
hydralazine hcl  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan-hydrochlorothiazide  
isosorbide dinitrate  
isosorbide dinitrate er  
isosorbide mononitrate  
isosorbide mononitrate er  
labetolol hcl  
lisinopril  
lisinopril-hydrochlorothiazide  
losartan potassium  
losartan-hydrochlorothiazide  
matzim la  
methyldopa  
methyldopa-hydrochlorothiazide  
metolazone  
metoprolol succinate  
metoprolol tartrate  
metoprolol-hydrochlorothiazide  
Minitran  
moexipril hcl  
moexipril-hydrochlorothiazide  
nadolol  
nicarbidine hcl  
nifediac cc  
nifedical xl  
nifedipine  
nifedipine er  
nimodipine  
nisoldipine  
nitroglycerin er capsules  
nitroglycerin patch  
nitroglycerin spray  
nitroglycerin sublingual tablets  
Nitrostat  
nitro-time  
perindopril  
pindolol  
prazosin hcl  
propranolol er  
propranolol hcl

propranolol-hydrochlorothiazide  
quinapril hcl  
quinapril-hydrochlorothiazide  
ramipril  
reserpine  
sorine  
sotalol  
sotalol af  
spironolactone  
spironolactone-hydrochlorothiazide  
taztia xt  
telmisartan  
telmisartan-hydrochlorothiazide  
terazosin hcl  
timolol maleate tablets  
torsemide tablets  
trandolapril  
triamterene-hydrochlorothiazide  
valsartan  
valsartan-hydrochlorothiazide  
verapamil er  
verapamil er pm  
verapamil hcl

## Cardiovascular Cholesterol

atorvastatin calcium  
cholestyramine  
cholestyramine light  
colestipol hcl  
Crestor  
fenofibrate  
fenofibrate micronized  
fenofibric acid  
fluvastatin  
gemfibrozil  
lovastatin  
niacin er  
pravastatin sodium  
prevalite  
simvastatin  
Vascepa

## Contraception Birth Control

altavera  
alyacen  
amethia  
amethia lo  
amythyst  
apri  
aranelle  
aubra  
aviane  
azurette  
balziva  
briellyn  
camila  
camrese  
camrese lo  
caziant  
chateal  
cryselle  
cyclafem  
cyred

dasetta  
daysee  
deblitane  
delyla  
desogestrel-ethinyl estradiol  
drospirenone-ethinyl estradiol  
elinest  
Ella  
emoquette  
enpresse  
enskyce  
errin  
estarylla  
fallback solo  
falmina  
gianvi  
gildagia  
gildess  
gildess fe  
gildess 24 fe  
heather  
introvale  
jencycla  
jolessa  
jolivette  
junel  
junel fe  
kariva  
kelnor  
kimidess  
kurvelo  
larin  
larin fe  
leena  
lessina  
levonest  
levonorgestrel  
levonorgestrel ethinyl-estradiol  
levora  
lomedica 24 fe  
loryna  
low-ogestrel  
lutera  
lyza  
marlissa  
medroxyprogesterone acetate  
microgestin  
microgestin fe  
mono-lynyah  
mononessa  
my way  
myzilra  
necon  
next choice one dose  
nikki  
nora-be  
norethindrone  
norethindrone-ethinyl estradiol  
noreth-ethinyl estra ferrous fum

^ May be covered under your medical benefit  
% Initial therapy of 21 days covered while prior authorization request is being reviewed

# Tier 1 and Tier 2: Generic and Brand-name Formulary Drugs

Tier 1 (\$) preferred generic drugs are listed in lower-case type.

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norgestimate-ethinyl estradiol  
 norgestrel-ethinyl estradiol  
 norlyroc  
 nortrel  
 Nuvaring  
 ocella  
 ogestrel  
 orsythia  
 philith  
 pimtrea  
 pirmella  
 plan b one- step  
 portia  
 previfem  
 quasense  
 reclipen  
 setlakin  
 sharobel  
 sprintec  
 sronyx  
 syeda  
 take action  
 tarina fe  
 tilia fe  
 tri-estarylla  
 tri-legest fe  
 tri-linyah  
 trinessa  
 tri-previfem  
 tri-sprintec  
 trivora  
 velivet  
 vestura  
 viorele  
 vyfemla  
 wera  
 wymzya fe  
 zarah  
 zenchent  
 zenchent fe  
 zeosa  
 zovia

## Endocrine

### Diabetes

acarbose  
 chlorpropamide  
 glimepiride  
 glipizide  
 glipizide er  
 glipizide xl  
 glipizide-metformin  
 Glucagon Emergency Kit  
 glyburide  
 glyburide micronized  
 glyburide-metformin  
 Humalog

Humalog Mix 50-50  
 Humalog Mix 75-25  
 Humulin 70-30  
 Humulin 70-30 Kwipken  
 Humulin N  
 Humulin N Kwipken  
 Humulin R  
 Janumet  
 Janumet XR  
 Januvia  
 Kombiglyze XR  
 Levemir  
 Levemir Flextouch  
 metformin  
 metformin er  
 nateglinide  
 One Touch Ultra Test Strips  
 One Touch Verio Test Strips  
 Onglyza  
 pioglitazone hcl  
 pioglitazone-glimepiride  
 pioglitazone-metformin  
 tolazamide  
 tolbutamide

## Immunosuppressant

### Transplant

azathioprine  
 cyclosporine  
 cyclosporine modified  
 gengraf  
 hecoria  
 mycophenolate mofetil  
 mycophenolic acid tablet  
 sirolimus  
 tacrolimus

## Musculoskeletal

### Osteoporosis

alendronate sodium  
 calcitonin (salmon) nasal spray  
 fortical nasal spray  
 raloxifene

## Respiratory

### Asthma/COPD

albuterol sulfate nebs ^  
 albuterol sulfate er tabs  
 Anoro Ellipta  
 Asmanex  
 Asmanex HFA  
 budesonide ec capsules  
 budesonide neb sol ^  
 caffeine citrate  
 Combivent Respimat  
 cortisone acetate  
 cromolyn sodium neb sol^  
 dexamethasone tablets

Dexpak  
 Dulera HFA  
 Foradil  
 hydrocortisone tablets  
 ipratropium-albuterol neb sol  
 levalbuterol neb sol  
 metaproterenol sulfate  
 methylprednisolone tablets  
 millipred dose pack  
 montelukast sodium  
 prednisolone sod phosphate sol  
 prednisolone  
 prednisone  
 Proair HFA  
 Proair Respiclick  
 QVAR  
 Serevent Diskus  
 Spiriva  
 Spiriva Respimet  
 Stiolto Respimat  
 Symbicort  
 terbutaline sulfate  
 Theo-24  
 theochron  
 theophylline er  
 Ventolin HFA  
 veripred 20 solution  
 zafirlukast

## Vitamins- Prenatal

bal-care dha  
 c-nate dha  
 complete natal dha  
 Completenate  
 dothelle dha  
 elite ob 400  
 elite ob dha  
 folbecal  
 folinatal plus b  
 folivane-ob  
 inatal advance  
 inatal gt  
 inatal ultra  
 infanate plus  
 kpn  
 mynatal  
 mynatal advance  
 mynatal plus  
 mynatal-z  
 mynate 90 plus  
 natalvirt ca  
 obstetrix dha  
 p-d natal plus with folic acid  
 perry prenatal tablet  
 pnv-dha  
 pnv-dha + docusate  
 pnv-omega  
 pnv-select

pnv-total  
 pr natal 400  
 pr natal 400 ec  
 pr natal 430  
 pr natal 430 ec  
 prena1pearl  
 prenaissance promise  
 prenatalplus  
 prenatal rx  
 prenatal  
 prenatal formula  
 prenatal plus  
 prenatal plus dha  
 prenatal plus iron  
 prenatal-u  
 prenat complete  
 prenavite  
 relnate dha  
 rulavite dha  
 se-natal 19  
 se-tan dha  
 taron-c dha  
 taron prenatal  
 taron-prex prenatal  
 thrive 19  
 triadvance  
 trinatal rx 1  
 trinate  
 triveen-duo dha  
 triveen-one  
 triveen-prx rnf  
 trust natal dha  
 ultimatecare one  
 vemavite-prx 2  
 vena-bal dha  
 venatal complete dha  
 Vinacal  
 vinate  
 vinate ii  
 vinate one  
 vinate ultra  
 vinate-m  
 virt-c dha  
 virt-care one  
 virt-pn  
 virt-pn dha  
 virt-pn plus  
 Vitaspire  
 vol-plus  
 vp-era ob plus  
 zatean-ch  
 zatean-pn  
 zatean-pn dha  
 zatean-pn plus

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